

COVID 19 Overview:

Symptoms

Symptoms of COVID-19 are likely to include fever, cough, sneezing, sore throat and difficulty breathing. Transmission Exposure to COVID-19 can occur by:

- Breathing in droplets in the air generated when people cough or sneeze.
- Close contact with other people (i.e. shaking hands or hugging).
- Cross contamination from infected surfaces.

COVID-19 can be transmitted by people who are not displaying symptoms of the disease. People who may be infected with COVID-19 should not come to work. This includes if you:

- Have symptoms of COVID-19 or have been exposed to someone with COVID-19.
- Have travelled outside of Canada within the previous 14 days.
- Live with someone who has symptoms of COVID-19 or have been exposed to the virus.

•Breathing in droplets in the air is the primary routes of COVID-19 transmission, all of which need to be controlled. BC Centre for Disease Control (BCCDC) advises that coronavirus is not transmitted through airborne transmission. However, if somebody coughs or sneezes they do generate droplets which are airborne for at least a short period of time, but do not float in the air and generally fall to the ground within one to two meters. Anybody who is near the individual may risk breathing in these droplets. Physical distancing (maintaining 2 meters of distance from other people at all time) and /or barriers will reduce the risk of this occurring.

Close contact

Close contact refers to physical contact with another person, for example shaking hands or hugging. When people cough or sneeze droplets may deposit on their skin or clothing, especially if they cough or sneeze into their hands. People who are carriers of COVID-19 may transfer the virus from their hands or clothing to others during close contact. Surface contact Surfaces can become contaminated when droplets carrying COVID-19 deposit on them or when touched by a person who is infected. Surface contact involves a worker touching a contaminated object such as a table, doorknob, telephone, or computer keyboard or tool, and then touching the eyes, nose or mouth. Surface contact is important to consider because COVID-19 can persist for several days on surfaces.



Risk identification, Assessment and Control

Public Access to Community Centre Office

The intention of this section is to minimize potential COVID-19 exposures to employees and members of the public. Entry and exit of the public to the reception area (lobby) will be coordinated by reception.

- Access door to staff office is posted "No Access Staff Only"
- Only 1 member of the public in the reception area at any given time.
- The front door will remain locked when programs /services are not scheduled and open by appointment only as necessary
- A one-in at a time basis will be used to maintain the 2-meter physical distancing requirements.
- All members of the public will be asked to self screen for symptoms prior to entering the building (signage).

Exposure Control Plan

- After use of the meeting room / lobby all touch points will be sanitized with the appropriate cleaner in accordance with sanitizing procedures.
- •A minimum 30 minutes will be required between ALL group visitations.

Messaging to Customers

- If you have underlying medical conditions, it is recommended that you not visit our municipal hall or facilities.
- Anyone displaying symptoms of COVID-19will not be permitted on the premises. If you are sick, please stay home.
- If you have travelled outside Canada, you are not permitted on our premises until you have self isolated for a minimum of 14 days.
- If you are displaying symptoms of COVID-19 or you live in a household where someone is showing symptoms of COVID-19, please stay home.
- Physical distancing is required at all times (minimum of 2 meters).
- Failure to observe physical distancing risks the closure of the facility, and as such, you will be asked to leave the premises.
- Washrooms on the premises are disinfected frequently; hand sanitizers are located at the main entrances to the facility
- If your request can be handled over the phone, please call instead of in person
- We ask that any financial transactions be conducted electronically and not in cash



Physical Distancing

During an influenza/coronavirus pandemic, the more people you are in contact with, the more you are at risk of coming in contact with someone who is infected. Physical distancing means reducing or avoiding contact with other people as much as possible. Some workplace strategies to achieve this include:

- Staying two metres (six feet) away from others when a meeting is necessary.
- Eliminate hand-shaking and hugging
- Allow for 2 meters (6 feet) of physical distance between workers or between workers and public or public and public.

• Where employees / public will not be moving around or need to navigate around obstacles, allow for 2 square meters (36 square feet) of unencumbered space per person to calculate occupancy Indoor Employee/Public Space

- Where employees / public *will be moving around* or need to navigate around obstacles, allow for 3.2 square meters (54 square feet) of unencumbered space per person to calculate occupancy Indoor Employee/Public Space
- The maximum number of participants in any facility is fifty (50), including workers and public, ensuring adequate space is available.
- Foyer, washroom and meeting room capacities posted

Recreation Programming / Public meetings

All programs / group facility use have individualized safety plans (posted). We are currently operating under Via Sport Guidelines and as directed from British Columbia Parks and Recreation Association.

No private rentals or group meetings are currently permitted.

Low Intensity exercise classes are permitted in accordance with the BCCDC Guidelines for Group Low Intensity Exercise.

Sanitizing

Janitorial services will be conducted throughout the day – and after every public meeting or program - to clean all common touchpoints in the building (i.e. doorknobs, handrails, bathroom fixtures, toilets, etc.

- Unnecessary common touch points have been removed.
- Avoid passing paper around (use electronic means such as email).